



**Nelson Primary School**  
**Inspiring Ambition, Achieving Success**  
**Weekly Homework Tasks**

**Key Stage 2 Year 4**

**W/C 24.6.19**

Homework books **must be in school on Monday** and it will be returned on Tuesday

Please read aloud to an adult every day for about 15 minutes and ask the adult to sign in the table below. Remember, you need to understand what you are reading and be able to show this in your Accelerated Reader test. **Remember to bring your reading book to school every day.** Please visit Nelson School Library or East Ham Library for your books.

Monday	Tuesday	Wednesday	Thursday	Friday
Title:	Title:	Title:	Title:	Title:
Pages:	Pages:	Pages:	Pages:	Pages:

**Maths**

- 1) Practice for the RNR target set by your class teacher.
- 2) Complete the Mathletics homework set by your teacher online.

## Unusual Olympic Sports

9 Throughout its history, the Olympic Games have held a  
 8 range of strange and unusual competitions that we no  
 3 longer take part in today.

4 **Rope Climb:** Stopped in 1932, this was an event in which  
 5 competitors had to climb up a rope as quickly and as  
 3 stylishly as possible. The most impressive winner was  
 3 George Eyser in 1904, who won gold despite having a  
 5 wooden leg!

5 **Tug of War:** At every Olympic Games until 1920, teams  
 6 of eight men would have to pull their opponents six feet  
 7 over a line on the floor. The British team, containing lots  
 6 of police officers, were very good at this event.

4 **Swimming Obstacle Race:** This event only happened in  
 4 the 1900 Olympics. Swimmers had to climb over a pole  
 4 and a row of boats, before swimming under another row  
 0 of boats towards the finish line.

1. Find and copy two adverbs which describe how competitors had to climb up the rope.
2. In what year did the only Swimming Obstacle Race take place?
3. Why was George Eyser's gold medal win the 'most impressive'? Explain your answer.
4. How do these sports compare to Olympic events we see today?

### Spelling –

- 1) You must **ensure you know the meaning of the new words.** -use a dictionary to help you if you are unsure.
- 2) **Write a sentence for each of the new words.** You can include more than one word in a sentence as long as it makes sense and shows that you understand the word. You do not need to write a sentence for revision spellings.
- 3) **Practise and study all of the spelling words ready for the Weekly Spelling Test.**

New spellings		Revision spellings	
unusual	obstacle	international	Mexico
competitions	event	hosted	Denmark
competitors	containing	trophy	Argentina
stylishly	officers	France	stadium
opponents	possible	Italy	matches



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## A Postcard from Mo Farah

**2** Hello Dad,

**11** I'm writing to you from my running camp in

**19** Africa. We have been training hard and working

**29** up a real sweat. It is important that we work

**42** hard to keep fit so that we can be the best in

**50** the race; that includes making sure that we are

**58** eating healthy foods to keep our bodies strong.

**67** For breakfast today, I had a bowl of porridge

**78** with a banana on top. For lunch, I ate a jacket

**87** potato with beans and a salad. For my evening

**96** meal tonight, I'm going to be having chicken

**103** with pasta and vegetables. I love eating healthy

**114** food because it keeps me fit and lets me run for

**115** longer.



1. Match the name of the meal to what Mo ate for it.

Breakfast	chicken, pasta and vegetables
Lunch	porridge with a banana on top
Evening Meal	jacket potato with beans

2. Why does Mo want to be the best in the race?

3. '*...it keeps me fit*' In this sentence, what does 'fit' mean?

4. What else might Mo do to keep his body healthy?

**Spelling –**

- 4) You must **ensure you know the meaning of the word**. -use a dictionary to help you if you are unsure.
- 5) **Write a sentence for each of the words**. You can include more than one word in a sentence as long as it makes sense and shows that you understand the word.
- 6) **Practise and study all of the spelling words ready for the Weekly Spelling Test**. To help you learn, every day you could draw a table like below to help you practise.

New spellings		Revision spellings	
camp	bodies	boot	match
training	strong	golden	world
sweat	porridge	winner	group
fit	tonight	player	play
healthy	potato	teams	football



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**Spelling –**

- You must **ensure you know the meaning of the word**. -use a dictionary to help you if you are unsure.
- **Practise and study all of the spelling words ready for the Weekly Spelling Test**. To help you learn, every day you could draw a table like below to help you practise.

Look and read	Copy and cover	Spell and check	Spell and check
fast			
slow			
run			
race			
win			
lose			
grass			
boy			
mum			
dad			



Sports Day

 <p>who?</p>	
 <p>what?</p>	
 <p>where?</p>	
 <p>when?</p>	
 <p>why?</p>	

*Write in full sentences.*