

## Intensive Interaction

It is important to let your child lead their play and interactions. It supports their desire to interact with others, sharing attention, making eye contact and turn-taking. It shows interactions can be fun too!

- ✦ Come down to your child's level.
- ✦ Make sure you show enjoyment.
- ✦ Copying sounds and noises your child makes.
- ✦ Let your child lead and wait before you respond.
- ✦ Celebrate eye contact and gesture in a way that suits your child.
- ✦ Don't be worried about repeating activities again and again or if your child wants to end the interaction after a while.

Language Communication and Interaction Service

## Turn-Taking

An important skill for social situations - helping children to understand about waiting as well as supporting interactions.

- ✦ Provide lots of turn-taking opportunities.
- ✦ Identify when you are using turn-taking by saying 'my turn' and 'your turn'.
- ✦ Use 'Ready, Steady, Go games. When confident, use 'Ready, Steady...' with an action such as 'jump'.
- ✦ Find opportunities to use turn-taking with a familiar adult, another child and even in a small group.
- ✦ Recognise when your child has had enough and celebrate even a short success.

Remember to use visuals to support turn-taking!

## Social Communication

Remember! Communication is a two-way interaction and can include gesture, facial expressions, physical as well as words.

- ✦ Use your child's name first to gain attention.
- ✦ Provide opportunities for your child to communicate.
- ✦ Provide opportunities for requesting and rejecting.
- ✦ Wait! Give your child time to think.
- ✦ Respond positively to your child's attempts to communicate.
- ✦ Give choices.
- ✦ Use key words consistently.

Remember to use visuals to support social communication!

## Emotional Regulation

Remember – all behaviour is purposeful and your child is trying to tell you something! Find out what the behaviour means.

- ✦ Wait! Observe. What is your child trying to tell you and why?
- ✦ Understand your child's behaviour and what it means.
- ✦ Name the emotion your child is feeling. 'Raheem is happy!'
- ✦ Allow your child to calm down in a way that suits them best.
- ✦ Say what you DO want, not what you DON'T want.

Remember to use visuals to support emotional regulation!

## Transactional Support

YOU are important in helping your child make sense of the world around them and meet their needs.

- ✦ Reduce your language and be consistent.
- ✦ Follow your child's interests.
- ✦ Be fun and have fun!
- ✦ Use your child's interests to engage them.
- ✦ Show objects or photos to help your child move from one place to another or to understand what they need to do 'now' and 'next'.

Visuals are very important for transactional support.