Zones of Regulation – Tobias 1

Tobias is a noisy boy! He has a very loud voice and is making lots of noise as he talks in his group.



Tobias just carries on talking in his loud voice.

Think about:

What unexpected behaviours are happening? How does the teacher feel? How do Tobias's classmates feel?

What are they thinking? What will they do or say? How does Tobias feel?





The Zones of Regulation were developed by Leah Kuypers MA ED., OTR/L. More information can be found at http://www.zonesofregulation.com/index.html