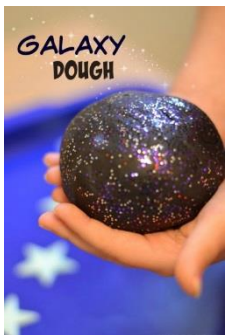


Play and learn activities- Messy play

Try refraining from asking your child “what colour is this, count how many etc.” which can place great pressure on your child to respond. Your child will respond to your comments on the activity when they want to or feel confident to do so. This communication might be with **eye contact, touching you, continuing with the activity, vocalising or saying what they see.**



Playdough can be made at home. Use the recipe attached. Add glitter or food colouring and essence to change the look and smell. Use different kitchen tools to make patterns e.g. potato masher, garlic press, rolling pin etc. Cut up straws to press into the playdough for a birthday cake. Or press straws into the dough and thread pasta tubes onto the straws.



Simple Playdough Recipe

- 8 tbsp plain flour
- 2 tbsp table salt
- 60ml warm water
- 1 tbsp vegetable oil



Print painting. Add two colours of paint to a bowl. Use a blown up balloon to dip into the paint. Press the balloon onto a large sheet of paper to see the multi colour circle.

Different colours mix together and make new colours. Red and yellow make orange. Blue and yellow make green. What other colours can you make?

What other items can you print with?
Try flowers? Or Pompoms?





After adding the ingredients place the moon sand in a large bowl or storage box. Use empty yoghurt pots to fill up with moon sand, tip out and make little castles.



Why not trying adding different colours or using different utensils?

HOW TO MAKE *bubble snakes*



Cut off the bottom of a plastic water bottle with scissors and remove the lid at the top of the bottle.

Pull a sock over the bottom opening of the bottle. Cut off the excess sock over 2" from the bottle bottom.

Secure with rubber bands. Mix washing up liquid or bubble mixture with water and place in a bowl.

Dip sock end into bubble mixture dish and blow through the mouthpiece.





Place paint in trays. (Use the lid of margarine pots) drive the cars through the paint. Move the cars onto a large roll of paper and drive along the paper to see the colourfull tracks they leave.

(Use an old roll of wallpaper to lay along the floor)

Or just explore different cars in paint to see how the colours mix!



Freeze water in ice trays. Add food colouring or small toys that can be frozen inside the cubes.

Tip the ice cubes out into a large waterproof tray, box or bowl. Explore the ice cubes and see what happens as they melt. Use spoons and pots to gather the ice cubes.

You could also try and put the ice cubes into shaving foam! Watch what happens when the ice cubes melt into the shaving foam!



Good luck and have fun!