

Give Two Examples

Top tips on how to stay safe on the beach

The beach is an amazing place to visit; from making sand sculptures to splashing in the water, there is much fun to be had. However, disaster can strike quickly if simple rules are not adhered to. Every summer, lifeguards are called upon to respond to thousands of emergencies. Be informed about the dangers and stay safe, by following these simple rules:

1. Swim at beaches which are patrolled by lifeguards.
2. Make sure you understand what the various flags mean.
3. Read all information displayed at the beach and follow the advice given.
4. Always swim with someone else.
5. If you get into trouble in the water, raise your hand in the air and shout for help.
6. If you see someone else in trouble, tell a lifeguard, or call 999 or 112 and ask for the Coastguard.
7. Be cautious when using inflatables in the water. Even a slight breeze can blow you out to sea.
8. Apply plenty of sun cream, especially after being in the water.
9. Drink plenty of fluids.
10. Seek shade during the hottest time of the day.

By following these 10 simple rules, you too can enjoy a fun, but safe, day at the beach this summer.

By following these 10 simple rules, you too can enjoy a fun, but safe, day at the beach this summer.

According to the text, why is the beach an amazing place to visit?

Give TWO examples.

1. \_\_\_\_\_
2. \_\_\_\_\_

If you see someone in danger, what should you do?

Give TWO examples.

1. \_\_\_\_\_
2. \_\_\_\_\_

What sort of day on the beach can you have if you follow the 10 simple rules?

Give TWO examples.

1. \_\_\_\_\_
2. \_\_\_\_\_

'Drink plenty of fluids.' In this instance, the word DRINK is an imperative verb.

Give TWO more examples of imperative verbs from the text.

1. \_\_\_\_\_
2. \_\_\_\_\_

'Be cautious when using inflatables.' Identify some synonyms for the word CAUTIOUS.

Give TWO examples.

1. \_\_\_\_\_
2. \_\_\_\_\_